

Navigating Grief Group Therapy

Joyful Living
Behavioral Health
115 W 8th Ave
Suite 300
Eugene, OR

Find Healing in Togetherness

**Grief is a personal journey,
but you don't have to walk it alone.**

**Next Session begins Wednesday
January 7, 2026 from 5:15-6:30**

- We accept many Insurances
- Open to ages 16 and up
- Open to current clients and non-clients
- Registration is required
- Must commit to all 8-10 weeks of Group

**Purchase of
Workbook is
required.**

**Facilitator
Tamera Clark
MSW, CSWA, ASDI**



To register please call: (541) 505-8168