

Why Does My Child Act Like This?

What Parents can do for their child who are using dissociation strategies



Workshop Facilitator: Jessica Tull, MS, LPC-A, CPP

This live and virtual workshop on zoom, is for parents and caregivers who have a child with early attachment wounds that are using dissociative strategies to cope. What does that look like? The child is struggling with intense emotions and exhibiting serious problematic behaviors at home, school and in the community. This could include spacing out, lying, stealing, aggression, sexual acting out and explosive emotions. Caregivers often feel like they have a child who acts like different kids at times!

During the workshop, parents will understand that trauma and attachment wounds are the foundation of dissociative symptoms and behaviors. The parent will gain understanding that the child has “Parts of Self” and is willing to learn how to work closely with the therapist on managing the needs of these parts at home, in school and community.

Workshop Details

- Parents/ Caregivers must attend Part 1 in order to attend Part 2.
- Participants will receive handouts on the material being presented.

Part 1 Description

- Trauma 101: What it is and Examples
- Attachment Wounds and Examples
- Strategies to Manage the Child’s Behaviors

Part 2 Description

- Dissociation and its Presentation in Symptoms and Behaviors
- Understanding Parts of Self and How they Present Themselves
- Managing their Child when Incidents or Behaviors Occur: Use of Tone, Behaviors and Statements
- How to Manage the Angry and Hostile Parts of Self

Register Here

Register before April 4th

Contact Me

Website: <https://joyfullivingbh.com>/Email: jessica@joyfullivingbh.com

Date 2025:

Option 1:

Part 1 - April 12th. 10 AM-11:30AM

Part 2 - April 19th. 10AM-11:30AM

Option 2:

Part 1 - April 7th. 5 PM-6:30 PM

Part 2 - April 21th. 5 PM-6:30PM